

Autumn / Winter 2022 / 23  
 5/9, 26/9, 17/10, 7/11,  
 28/11, 19/12, 9/1, 30/1

# What's On The Menu?



**MONDAY**  
 Authentic Italian

**TUESDAY**  
 Family Faves

**WEDNESDAY**  
 Baking British

**THURSDAY**  
 Food Festival

**FRIDAY**  
 Fun Day



**Beef Bolognese**  
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

**Cowboy Pie**  
 Mash topped Sausage & Bean Pie with Carrots

**Roast Chicken Sage & Onion Stuffing**  
 Crispy Roasties & Fresh Veggies & Gravy

**Mild Chilli Beef & Cheese Homemade Nachos**  
 Oven Baked Potato Wedges & Sweetcorn

**Golden Fish Fingers (MSC)**  
 Breaded Pollock, Chips & Baked Beans



**Veggie Bolognese**  
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

**Veggie Cowboy Pie**  
 Mash topped Veggie Sausage & Bean Pie with Carrots

**Cheese, Veg & Spinach Puff Pastry Roll**  
 Crispy Roasties & Fresh Veggies & Gravy

**Cheese & Veggie Homemade Nachos**  
 Oven Baked Potato Wedges & Sweetcorn

**Crispy Bean & Vegetable Fingers**  
 Chips



**Hot Tomato Pasta**  
 with or without Grated Cheese on top



**Crispy Skin Jacket Potatoes**  
 Choice of Tasty Toppings, Tuna Mayonnaise ,Beans, Cheese



**Toffee Apple Slices**  
 topped with Vanilla Ice Cream

**Crispy Chocolate Cornflake Cakes**

**Golden Syrup Sponge & Custard**

**Pineapple Upside Down Cake**

**Chewy Flapjack**



AVAILABLE EVERY DAY



Homemade Bread, Salad,  
 Choice of Fresh Fruit & Yoghurt



Autumn / Winter 2022 / 23  
12/9, 3/10, 24/10, 14/11,  
5/12, 26/12, 16/1, 6/2

# What's On The Menu?



**MONDAY**  
Authentic Italian

**TUESDAY**  
Family Faves

**WEDNESDAY**  
Backing British

**THURSDAY**  
Food Festival

**FRIDAY**  
Fun Day



<b>Meat Free Monday!</b> Choose either our tasty Margherita Pizza or our Veggie Supreme  Served with Pasta Salad & Mixed Crudites	<b>Classic Beef Burger</b> in a Bun with Oven Baked Wedges & Garden Peas  <b>Super Veggie Burger</b> in a Bun with Oven Baked Wedges & Garden Peas	<b>Roasted Gammon Joint</b> Crispy Roasties, Fresh Veggies & Gravy  <b>Veggie Sausage &amp; Root Veg Traybake</b> Crispy Roasties, Fresh Veggies & Gravy	<b>Chicken Tikka Masala</b> Wholegrain Rice, Turmeric Carrots & Peas  <b>Creamy Vegetable Korma</b> With Wholegrain Rice, Turmeric Carrots & Peas	<b>Golden Fish Fingers (MSC)</b> Choose Salmon or Pollock, Chips & Baked Beans  <b>Crispy Bean &amp; Vegetable Fingers</b> Chips
<b>Hot Tomato Pasta</b> with or without Grated Cheese on top				
<b>Crispy Skin Jacket Potatoes</b> Choice of Tasty Toppings, Tuna Mayonnaise ,Beans, Cheese				
<b>Jelly &amp; Fruit Slices</b>	<b>Marble Sponge Cake</b>	<b>Chocolate Brownie</b>	<b>Apple Sponge Cake &amp; Custard</b>	<b>Crunchy Vanilla Cookie</b>



AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt





Autumn / Winter 2022 / 23  
19/9, 10/10, 31/10, 21/11,  
12/12, 2/1, 23/1, 13/2

# What's On The Menu?



**MONDAY**  
Authentic Italian

**TUESDAY**  
Family Faves

**WEDNESDAY**  
Backing British

**THURSDAY**  
Food Festival

**FRIDAY**  
Fun Day



<b>Cheese &amp; Tomato Pizza Melt Baguette</b> with Wholegrain Pasta & Sweetcorn Salad	<b>Toad in the Hole</b> with Creamy Mash, Green Beans & Gravy	<b>Roast Chicken &amp; Sage &amp; Onion Stuffing</b> with Crispy Roasties & Fresh Veggies & Gravy	<b>Homemade BBQ Chicken</b> with Oven Baked Wedges & Broccoli	<b>Golden Fish Fingers (MSC)</b> Choose Salmon or Pollock, Chips & Baked Beans
<b>Tomato &amp; Mozzarella Gnocchi Traybake</b> with Wholegrain Pasta & Sweetcorn Salad	<b>Quorn Toad in the Hole</b> with Creamy Mash, Green Beans & Gravy	<b>Quorn Roast</b> with Crispy Roasties, Fresh Veggies & Gravy	<b>Crunchy Topped Macaroni Cheese</b> with Oven Baked Wedges & Broccoli	<b>Baked Beans &amp; Vegetable Fingers</b> Chips
<b>Hot Tomato Pasta</b> with or without Grated Cheese on top				
<b>Crispy Skin Jacket Potatoes</b> Choice of Tasty Toppings, Tuna Mayonnaise ,Beans, Cheese				
<b>Sticky Banana Pudding</b>	<b>Chocolate Oat Cake</b>	<b>Iced Vanilla Sponge</b>	<b>Apple Crumble &amp; Custard</b>	<b>Shortbread</b>



AVAILABLE EVERY DAY



Homemade Bread, Salad,  
Choice of Fresh Fruit & Yoghurt

