



CO-COACH



Children's Occupational Therapy

Parental coaching for the neurodiverse Child

Are you and your child struggling with

- Regulation of your emotions and senses
- Attention
- Learning
- Daily routines
- Independence skills
- Understanding each other

What is CO-COACH?

- Weekly group coaching by a Specialist Occupational Therapist
- Suitable for parents of children 2 - 12 years
- Embed sensory strategies into your home
- Opportunity for Sensory Assessment as part of the programme

Book Free Taster or Enquiry call

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<https://co-coach.co.uk>



Website



Instagram