

		Premier Sport Autumn term 1	Class Teachers Autumn term 1	Premier Sport Autumn term 2	Class Teachers Autumn term 2	Premier Sport Spring term 1	Class Teachers Spring term 1	Premier Sport Spring term 2	Class Teachers Spring term 1	Premier Sport Summer term 1	Class Teachers Summer term 1	Premier Sport Summer term 2	Class Teachers Summer term 1
Year 3	Topic	Invasion Games	Dance (Egyptians link)	Gymnastics	Athletics	Invasion Games	Invasion Games and Net/Wall games	Invasion Games	Swimming	Athletics	Swimming	Striking & Fielding and Net & wall	Swimming
	Theme	<ul style="list-style-type: none"> <li>Team Sports – Intro to techniques and competition</li> <li>Tag Rugby</li> <li>Football</li> </ul> <p>Next Year: Net &amp; Wall</p>	<ul style="list-style-type: none"> <li>making shapes with body</li> <li>movements between shapes</li> <li>rhythm and timing</li> <li>group dances</li> <li>start and finish</li> </ul>		<ul style="list-style-type: none"> <li>Individual Athletic</li> <li>Athletic</li> <li>Development – Fitness (Circuits)</li> </ul>	<ul style="list-style-type: none"> <li>Sending and Receiving</li> <li>Using space</li> <li>Netball</li> <li>Basketball</li> </ul>	<ul style="list-style-type: none"> <li>running and dodging</li> <li>throwing &amp; catching (large balls and then small balls)</li> <li>Strike for accuracy (tennis and rounders bat)</li> </ul>	<ul style="list-style-type: none"> <li>Team Sports – Hand eye coordination and teamwork</li> <li>Hockey</li> <li>Lacrosse</li> </ul> <p>Next Year: Terms 1 &amp; 4 combined</p>		<ul style="list-style-type: none"> <li>Techniques</li> <li>Strengths &amp; weaknesses</li> </ul>		<ul style="list-style-type: none"> <li>Technical Development</li> <li>Applying skills to different roles and positions</li> </ul> <p>Next Year: Striking &amp; fielding</p>	
Year 4	Topic	Invasion Games	Swimming	Athletics	Swimming	Invasion Games	Swimming	Invasion Games	Gymnastics	Athletics	Dance (freestyle)	Net & wall	Striking & Fielding Games
	Theme	<ul style="list-style-type: none"> <li>Team Sports – Intro to techniques and competition</li> <li>Tag Rugby</li> <li>Football</li> </ul>		Individual Athletic Development (Circuits)		<ul style="list-style-type: none"> <li>Sending and Receiving</li> <li>Using space</li> <li>Netball</li> <li>Basketball</li> </ul>		<ul style="list-style-type: none"> <li>Team Sports – Hand eye coordination and teamwork</li> <li>Hockey</li> <li>Lacrosse</li> </ul>	<ul style="list-style-type: none"> <li>Floor shapes</li> <li>Floor movements</li> <li>Apparatus skills</li> <li>Bench work</li> <li>Vault</li> </ul>	<ul style="list-style-type: none"> <li>Techniques</li> <li>Strengths &amp; weaknesses</li> </ul>	<ul style="list-style-type: none"> <li>Clear beginning, middle and ending</li> <li>Moving – dynamics, relationship &amp; space</li> <li>Responding to stimulus</li> <li>Peer feedback</li> </ul>	<ul style="list-style-type: none"> <li>evaluating and improving performance.</li> <li>Perform skills with control and accuracy using objects.</li> <li>Evaluate the performance</li> </ul>	<ul style="list-style-type: none"> <li>Throwing/catching small balls</li> <li>Overarm throwing</li> <li>One stroke, two hands</li> <li>Hand/eye co-ordination</li> <li>Batting &amp; bowling</li> <li>Fielding &amp; batting</li> <li>Cricket</li> </ul>
Year 5	Topic	Invasion Games	Running & Fitness - Personal Best	Athletics	Gymnastics	Invasion Games	Gymnastics	Invasion Games	Dance (India link)	Athletics	Striking & Fielding Games	Net & wall	Dance (Vikings link)
	Theme	<ul style="list-style-type: none"> <li>Team Sports – Intro to techniques and competition</li> <li>Tag Rugby</li> <li>Football</li> </ul>	<ul style="list-style-type: none"> <li>cardiovascular endurance</li> <li>bleep test</li> <li>magic mile circuits</li> <li>personal best</li> </ul>	Individual Athletic Development – Understanding Fitness (Circuits)	<ul style="list-style-type: none"> <li>Floor</li> <li>shapes/ balance</li> <li>Rolling/ moving</li> </ul>	<ul style="list-style-type: none"> <li>Sending and Receiving</li> <li>Using space</li> <li>Netball</li> <li>Basketball</li> </ul>	<ul style="list-style-type: none"> <li>Climbing, mounting, jumping and dismounting apparatus</li> <li>movement &amp; balance on bench</li> <li>mounting, jumping and landing on vault</li> </ul>	<ul style="list-style-type: none"> <li>Team Sports – Hand eye coordination and teamwork.</li> <li>Rules of games</li> <li>Hockey</li> <li>Lacrosse</li> </ul>	<ul style="list-style-type: none"> <li>basic elements from two Indian dances</li> <li>applying these to own dances</li> <li>linking movements</li> <li>Clear beginning, middle and ending</li> </ul>	Identifying Talent Teamwork Competition	<ul style="list-style-type: none"> <li>underarm/over arm throwing and catching</li> <li>Batting &amp; bowling techniques</li> <li>“The Triangle”</li> <li>Fielding &amp; batting</li> <li>Rounders</li> </ul>	<ul style="list-style-type: none"> <li>evaluating and improving performance.</li> <li>Perform skills with control and accuracy using objects.</li> <li>Evaluate and improve different techniques of striking an</li> </ul>	<ul style="list-style-type: none"> <li>Create short dance motifs</li> <li>movement phrases to link</li> <li>whole dance sequence</li> </ul>
Year 6	Topic	Invasion Games	Gymnastics	Athletics	Dance (Victorians link)	Invasion Games	Fitness (running & circuits)	Invasion Games	Invasion games	Athletics	SATs/CAMP	Net & wall	Striking & Fielding Games
	Theme	<ul style="list-style-type: none"> <li>Team Sports – Leadership and skill development, competition</li> <li>Tag Rugby</li> <li>Football</li> </ul>	<ul style="list-style-type: none"> <li>Floor shapes/ balance (static and counter-partner)</li> <li>Rolling/ moving</li> <li>Linking</li> <li>Apparatus</li> </ul>	Individual Athletic Development – Understanding Fitness (Circuits)	<ul style="list-style-type: none"> <li>elements of positioning, ‘tell a story’</li> <li>Extension of limbs, balance, varied speed</li> <li>Linking movements in sequences</li> <li>Clear beginning, middle and ending</li> </ul>	<ul style="list-style-type: none"> <li>Sending and Receiving</li> <li>Using space</li> <li>Netball</li> <li>Basketball</li> </ul>	<ul style="list-style-type: none"> <li>cardiovascular endurance circuits</li> <li>personal best</li> </ul>	<ul style="list-style-type: none"> <li>Team Sports – Hand eye coordination and teamwork.</li> <li>Rules of games</li> <li>Hockey</li> <li>Lacrosse</li> </ul>	<ul style="list-style-type: none"> <li>underarm/ overarm throwing and catching</li> <li>attacking/ defending teamwork</li> <li>effect of varying rules/ pitch</li> <li>Benchball</li> </ul>	Identifying Talent Teamwork Competition		<ul style="list-style-type: none"> <li>Evaluating and improving performance.</li> <li>Perform skills with control and accuracy using objects.</li> <li>Evaluate and improve different techniques of striking an</li> </ul>	<ul style="list-style-type: none"> <li>underarm/over arm throwing and catching</li> <li>Batting &amp; bowling techniques</li> <li>“The Triangle”</li> <li>Fielding &amp; batting</li> <li>Rounders</li> </ul>