



Year 5 Science Knowledge Organiser: Human Growth



Key vocabulary

adolescence	the period of your life in which you develop from being a child into being an adult.
adulthood	the state of being an adult.
development	the gradual growth or formation of something.
foetus	an animal or human being in its later stages of development before it is born.
gestation	the process in which babies grow inside their mother's body before they are born.
growth	an increase in something.
hormones	a chemical, usually occurring naturally in your body, that makes an organ of your body do something.
infancy	the period of your life when you are a very young child.
life cycle	the series of changes that an animal or plant passes through from the beginning of its life until its death.
life processes	There are seven processes that tell us that living things are alive.
menopause	the time during which a woman gradually stops menstruating, usually when she is about fifty years old.
menstruation	A cycle of between 2-7 days where woman pass blood and tissue to help the body prepare for the possible fertilisation of an egg.
puberty	the stage in someone's life when their body starts to become physically mature.
reproduction	when an animal or plant produces one or more individuals similar to itself.

Focus scientists

Robert Winston (b.1940) is a professor of fertility and reproduction in humans. He also presented the TV show Child of our Time which looked at how children grow and change in the first 20 years of their lives.



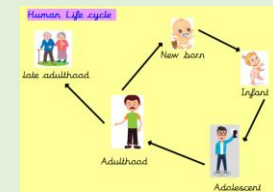
Virginia Apgar (1909–74) was physician, anesthesiologist, and medical researcher. She developed the Apgar Score System, a method of evaluating the well-being of newborns. This method allows physicians and nurses to determine if an infant needs immediate medical treatment shortly



Key Knowledge

Human Life Cycle

- New born** - this is a baby that has just been born.
- Infancy** - this is a period of rapid change. Many toddlers learn to walk and talk at this stage.
- Childhood** - children learn new things as they grow. They become more independent.
- Adolescence** - this is when the body starts to change and prepare itself for adulthood. Hormonal changes take place over a few years. This is also known as puberty.
- Early adulthood** - this is when humans are usually at their fittest and strongest. Normally the time where reproduction happens.
- Middle adulthood** - changes such as hair loss may happen. There are also some hormonal changes again and the ability to reproduce decreases. This is called the menopause.
- Late adulthood** - there is a decline in fitness and strength.



What is puberty?

- Puberty is the change that happens in late childhood and adolescence where the body starts to change because of hormones.
- Some changes include growth in height, more sweat, hair growth on arms and legs, under the armpits and on genitals, and growth in parts of the body such as male genitals and breasts

What is a gestation period?

The process in which babies grow inside their mother's body before they are born. This period differs between species.

